

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

1616 North Arlington Heights Road
Arlington Heights, IL 60004
PAULA ULREICH MEETING ROOM

REGULAR MEETING

WEDNESDAY, SEPTEMBER 9, 2026

7:00 PM

Zoom link: <https://us02web.zoom.us/j/88288504711?pwd=wialp1FRUYXxvISOD9klzPtxgr86Bp.1>

Zoom ID: 882 8850 4711 Passcode: 130825

The public may view the meeting via Zoom; however, public comment will not be accepted through Zoom. Remote participants wishing to comment must submit written comments by email to Executive Director, Karin Frisk, at: kfrisk@wheelingtowship.com by **12:00 PM (noon)** on the day of the meeting. Submitted comments will be forwarded to all Board Members and read aloud during the Citizens to be Heard section. In-person attendees may comment during that portion of the meeting.

1. CALL TO ORDER
2. ROLL CALL
3. PLEDGE OF ALLEGIANCE
4. CITIZENS TO BE HEARD – Remarks Limited to Three Minutes
5. APPROVAL OF MINUTES
 - a. Regular Meeting of August 12, 2026
6. REPORTS
 - a. President's Report
 - b. Executive Director's Report
 - c. Site Visit Reports
7. BUSINESS – FOR DISCUSSION / FOR ACTION
 - a. List of Bills – Approval
 - b. Admin Budget – Discussion
 - c. Levy Request – Discussion
8. BOARD MEMBER COMMENTS
9. CLOSED SESSION (Motion to Convene Closed Session) to Discuss: Semi-Annual Review of Closed Session minutes – 5 ILCS 120/2(c)(21)

10. OTHER BUSINESS (Including Action of Matters from Closed Session, if Any)

11. ADJOURNMENT

NEXT REGULAR BOARD MEETING - WEDNESDAY, OCTOBER 14, 2026, at 6:00 PM

Upcoming Event:

September 16, 2026, 10:00 AM (Zoom Webinar): *Help, Hope & Recovery: Supporting Mental Health in Wheeling Township*. To register, contact Lynndah Lahey at 847-259-7730, ext. 21 or LLahey@wheelingtowship.com.

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD

MINUTES OF AUGUST 12, 2026

1. Call to Order

The Community Mental Health Board Meeting of Wheeling Township, for August 12, 2026, was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois.

President Grainawi called the meeting to order at 7:00 PM.

2. Roll Call

Board Members Present: Jaime Clark, Bill Dixon, John Lubbe, Teri Pacion, Jen Underwood and President Lorri Grainawi.

Board Members Absent: Jack Vrett.

Also Present: Executive Director, Karin Frisk.

3. Pledge of Allegiance

President Grainawi led those assembled in the Pledge of Allegiance.

4. Citizens to Be Heard

None.

5. Approval of Minutes

a. Regular Meeting of July 8, 2026

Member Underwood moved to approve the minutes, seconded by Member Clark.

Voice Call Vote: All Ayes

Nays: None

Motion carried.

6. Reports

a. President's Report

President Grainawi reported on attendance at the recent ACMHAI Member Meeting with Executive Director Frisk, which included a presentation that addressed Board governance, ethics, conflicts of interest, voting procedures, and FOIA, followed by legislative updates affecting some clients of Mental Health Boards the following day. President Grainawi also reported on a site visit to Search360, the cancelation of a community event that the CMH Board was planning to participate in, upcoming community mental health related activities, and proposed beginning levy discussions at the September meeting.

b. Executive Director's Report

Executive Director Frisk reported on community outreach activities, agency site visits, and upcoming educational opportunities, including the promotion of community mental health workshops and Parent GPS programs through social media. She also provided program updates regarding Hopeful Beginnings, the Jocelyn Center, Clearbrook, and Northwest Compass.

c. Site Visit Reports

Member Clark reported on a site visit to Youth Services. Information was shared regarding the agency's counseling, family support, after-school programming, play therapy, community partnerships, internship program, and donated resources.

Member Lubbe and President Grainawi reported on a site visit to Search360. Information was shared regarding the agency's residential services, day programming, transportation services, waiting lists, funding for direct support professionals, and generator improvements supported through Board funding.

7. Business – for Discussion / For Action

a. List of Bills – Approval

Member Lubbe reported that he had audited the claims and expenditures for Batch #7/24/26 #7/30/26 and #8/12/26 against the Community Mental Health Board Fund and recommended approval of payment in the amount of \$91,970.64

Member Dixon moved to approve the payment of claims, seconded by Member Pacion.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, and Grainawi

Nays: None

Motion carried.

Member Underwood was temporarily out of the room when the vote was taken and did not participate in the vote.

b. FY2027-28 Funding Application Review Process – Discussion

Executive Director Frisk reviewed the FY2027-28 funding application process, timelines, scoring procedures, and review deadlines. Following discussion, the Board reached consensus not to conduct agency presentations and to submit applicant questions through staff.

c. FY2025-26 Draft Annual Report – Discussion/Approval

Executive Director Frisk presented the FY2025-26 Draft Annual Report and reviewed the statutory requirements for its approval, distribution, and publication.

Member Dixon moved to approve the FY2025-26 Annual Report, seconded by Member Underwood.

Roll Call Vote: Ayes: Clark, Dixon, Lubbe, Pacion, Underwood and Grainawi
Nays: None
Motion carried.

8. Board Member Comments

Board members discussed the monthly financial report, budget monitoring, and whether additional information regarding expenditures compared to budgeted amounts could be provided in future reports.

9. Adjournment

Member Underwood moved to adjourn the meeting at 8:17 PM, seconded by Member Lubbe.

Voice Call Vote: All Ayes
Nays: None
Motion carried.

The next Regular Meeting of the Community Mental Health Board is scheduled for Wednesday, September 9, 2026 at 7:00 PM.

WHEELING TOWNSHIP MENTAL HEALTH
STATEMENT OF REVENUES AND EXPENDITURES
FOR THE MONTH ENDING AUGUST 31, 2026

	CURRENT MONTH	CURRENT YTD	CURRENT BUDGET	LAST YEAR
REVENUE				
PROPERTY TAXES RECEIVED - CURRENT	-	-	1,500,000.00	-
PROPERTY TAXES RECEIVED - PRIOR YEARS	-	-	-	-
FROM TOWN FUND	-	500,000.00	-	-
MISCELLANEOUS INCOME	-	-	-	-
TOTAL REVENUE	-	500,000.00	1,500,000.00	-
MENTAL HEALTH BOARD				
SALARIES	8,416.67	48,750.02	95,000.00	-
FICA	643.88	3,708.73	7,270.00	-
IMRF	581.08	3,415.40	7,600.00	-
U/C	-	8.71	300.00	-
MEDICAL INSURANCE	-	-	12,000.00	-
WORKERS COMP.	125.00	375.00	500.00	-
DUES/FEES	-	3,825.00	5,000.00	-
EQUIPMENT/MAINT	53.91	597.07	8,000.00	-
LEGAL	161.00	6,118.00	20,000.00	-
TELEPHONE	39.39	171.86	700.00	-
TRAVEL	-	-	2,000.00	-
PRINTING	20.00	100.00	300.00	-
INSURANCE	-	-	500.00	-
PROFESSIONAL FEES	-	-	10,000.00	-
POSTAGE	-	1.48	200.00	-
PUBLIC INFORMATION	-	302.36	3,000.00	-
TRAINING	-	147.06	5,500.00	-
OFFICE SUPPLIES	-	811.91	1,500.00	-
SUPPORT SERVICES	2,073.75	12,260.02	37,000.00	-
MISCELLANEOUS	-	-	2,000.00	-
CONTINGENCIES	-	-	10,580.00	-
TOTAL MENTAL HEALTH BOARD	12,114.68	80,592.62	228,950.00	-
MENTAL HEALTH				
ARLINGTON HEIGHTS SENIOR CENTER FDN	-	-	2,300.00	-
ASCENSION (AMITA HEALTH) BEHAVIORAL HEALTH	30,150.00	30,150.00	120,600.00	-
AVENUES TO INDEPENDENCE	11,050.00	11,050.00	44,200.00	-
CANCER WELLNESS CENTER	4,275.00	4,275.00	17,100.00	-
CENTER FOR ENRICHED LIVING	-	4,350.00	17,400.00	-
CHILDREN'S ADVOCACY	1,250.00	1,250.00	5,000.00	-
CLEARBROOK CENTER	-	25,000.00	123,300.00	-
GERRY'S CAFÉ	-	70,800.00	70,800.00	-
GLENKIRK	-	3,525.00	14,100.00	-
HOPEFUL BEGINNINGS-PRENATAL MENTAL HEALTH	-	-	31,600.00	-
HOPEFUL BEGINNINGS-TEEN	-	-	10,200.00	-
JOSELYN CENTER	-	-	29,500.00	-
JOURNEYS/THE ROAD HOME	-	-	20,000.00	-
KENNETH YOUNG	14,850.00	14,850.00	59,400.00	-
KINDRED LIFE MINISTRIES	875.00	875.00	3,500.00	-
LITTLE CITY	9,200.00	9,200.00	36,800.00	-
NORTHWEST CENTER AGAINST SEXUAL ASSAULT	-	-	105,800.00	-
NORTHWEST COMPASS	4,638.96	4,638.96	51,900.00	-
OMNI YOUTH-YOUTH SERVICES	-	23,250.00	93,000.00	-
OMNI YOUTH-ADULT SUBSTANCE USEAGE	-	10,250.00	41,000.00	-
OMNI YOUTH-ADULT MENTAL HEALTH	-	5,000.00	20,000.00	-
SEARCH INC./SEARCH 360	1,875.00	1,875.00	19,700.00	-
SHELTER, INC.	-	-	23,700.00	-
SPECIAL LEISURE SERVICES FDN/NWSRA	-	-	9,200.00	-
YOUTH SERVICES, INC.	-	6,025.00	24,100.00	-
ZACHARIAS CENTER	-	-	2,500.00	-
OTHER PROJECTS	-	-	274,350.00	-
TOTAL MENTAL HEALTH	78,163.96	226,363.96	1,271,050.00	-
TOTAL EXPENDITURES	90,278.64	306,956.58	1,500,000.00	-
EXCESS REVENUES (EXPENDITURES)	(90,278.64)	193,043.42	-	-